

# Resources & Links

## Buddhism

Insight Meditation Society and Forest Refuge  
1230 Pleasant Street Barre, MA 01005  
800.641.1983  
[www.dharma.org](http://www.dharma.org)

L.A. Dharma  
1402 Greenfield Avenue, Suite A  
Los Angeles, CA 90025  
310-226-6113  
[www.ladharm.org](http://www.ladharm.org)

Spirit Rock Meditation Center  
PO Box 169 Woodacre, CA 94973  
415.488.0164  
[www.spiritrock.org](http://www.spiritrock.org)

Unfettered Mind  
13323 Washington Blvd., Suite 302  
Los Angeles CA 90066  
310.827.7766  
[www.unfetteredmind.org](http://www.unfetteredmind.org)

## Shamanism

Dance of the Deer Foundation Center for Shamanic Studies  
PO Box 699  
Sequel, CA 95073  
831.475.9560  
[www.shamanism.com](http://www.shamanism.com)

Esalen Institute  
Highway 1 Big Sur, CA 93920  
831.667.3000  
[www.esalen.org](http://www.esalen.org)

Foundation for Shamanic Studies  
PO Box 2939  
Mill Valley, CA 94942  
415.380.8282  
[www.shamanicstudies.com](http://www.shamanicstudies.com)

The Ojai Foundation  
9739 Ojai-Santa Paula Rd.  
Ojai, CA 93023  
805.646.8343  
[www.ojaifoundation.org](http://www.ojaifoundation.org)

## **Periodicals**

Inquiring Mind Newsletter  
PO Box 9999  
Berkeley, CA 94709  
[www.inquiringmind.org](http://www.inquiringmind.org)

Sounds True Catalogue  
PO Box 8010  
Boulder, CO 80306  
800.333.9185  
[www.soundstrue.com](http://www.soundstrue.com)

What Is Enlightenment? Magazine  
PO Box 2360  
Lenox, MA 01240  
USA: 800.376.3210  
Europe: 44.207.419.8100  
[www.whatisenlightenment.org](http://www.whatisenlightenment.org)

Yoga Journal  
2054 University Ave., Suite 600  
Berkeley, CA 94704  
1.800.600.YOGA  
[www.yogajournal.com](http://www.yogajournal.com)

## **Conferences, Workshops, & Retreats**

Cross Cultural Journeys  
PO Box 1369  
Sausalito, CA 94966  
800.353.2276  
[www.crossculturaljourneys.com](http://www.crossculturaljourneys.com)

Esalen Institute  
Highway 1  
Big Sur, CA 93920  
831.667.3000  
[www.esalen.org](http://www.esalen.org)

## **Conferences, Workshops, & Retreats (continued)**

Institute of Noetic Sciences  
101 San Antonio Road  
Petaluma, CA 94952  
707.775.3500  
[www.noetic.org](http://www.noetic.org)

Ojai Foundation  
9739 Ojai-Santa Paula Rd.  
Ojai, CA 93023  
805.646.8343  
[www.ojaifoundation.org](http://www.ojaifoundation.org)

Power Places Tours  
1506 Costilla Street  
Colorado Springs, CO 80904  
800.234.8687  
[www.powerplaces.com](http://www.powerplaces.com)

### **Other**

Agape International Center of Truth  
5700 Buckingham Parkway  
Culver City, CA 90230  
310.348.1250  
[www.agapelive.com](http://www.agapelive.com)

Osani Holistic Health Care  
15113 Sunset Blvd.  
Pacific Palisades, CA 90272  
310.454.4427  
<http://www.osaniholistichealthcare.com>

V-Day Global movement to stop violence against women and girls  
[www.vday.org](http://www.vday.org)